

New for 2015 – Nutrition Risk Report Resident Observations – Reports – Nutrition Risk

This report provides a snapshot of the residents’ nutrition and allows facilities to see subtle changes or declines. Interventions can be put into place before there is a large weight loss or problems develop that impact skin integrity. It incorporates information from dietary and liquid observations, vital signs, and wound assessments and observations.

The report displays average weekly meal intake for the most recent four weeks, diet, tube feeding, average supplement intake for the report week, and any recent weight change. If an ulcer assessment has been done, you will see the date and the risk category. The number of current pressure ulcers is also displayed.

Risk reports are generated based on the following two factors:

1. Meal consumption is 50% or less for two meals in one day at least one time during the report week.
2. Any weight loss during the report week, determined by subtracting current week’s weight from most recent weight.

Depending on the completeness of the data and the risk factors for your residents, you may produce up to three different reports.

- Medium – one risk factor exists
- High – both of the risk factors exist
- Unknown – not enough information exists to determine whether there is a risk or not

These reports can be used for care plan meetings, dietary review, MDS documentation, analysis for causes of pressure ulcers, nutrition risk, skin/wound risk, etc.

Below is a sample of the report. The example is for High Risk which is both a decrease in consumption and a weight loss. The Medium Risk report will list those residents who have one of the factors but not both. If the weight loss noted is not within the most recent 7 days, there will be an asterisk next to the weight change. The number of days between weigh data is displayed. In this example there is no information to indicate either a special diet or a tube feed.

07/30/15

Nutrition Risk Report - HIGH RISK

Resident	Floor/Unit	Decreased Intake: First Date	Avg. Meal Intake %	Avg. Meal Intake %	Avg. Meal Intake %	Avg. Meal Intake %	Diet / Order Date	Tube Feed	Avg. Supplement Intake %	Weight Change lb.	Days Betw Wgts	Ulcer Assess Date	Ulcer Risk	# of Press. Ulcers
AMO, MORA	04/243A	07/24/15	61	42	55	53			50	-6.70 *	10	05/14/15	Mild	
BALDWIN, ALEX	02/224A	07/24/15	58	40	49	49			50	-0.20	7	06/22/15	Mild	

Where does the data come from?

- Diet and Liquid trackers provide the percentage of consumption per meal and snack.
- Your custom buttons are used to determine supplements.
- Weight comes from the vitals (entered either through ResObs or through Progress Notes).
- Pressure Ulcer information will come from the Skin Integrity Observations when that is released
- Diet Orders and Tube Feeds come from _____ to be determined_____.